

Triple Double

STICKINGS

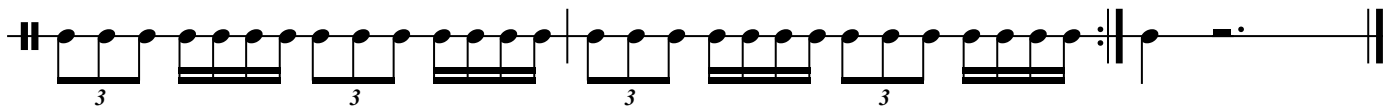
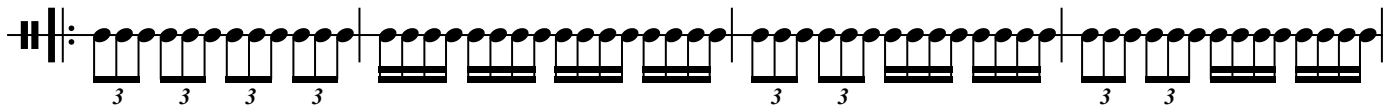
| Triple Double | Cont. | Tiple Double Threes |
|---------------|-------|---------------------|
| RLRL | LRLR | RLR LRL |
| RRLL | LLRR | RRL |
| RLL | LRR | RLL |
| RRL | LLR | RRR LLL |
| RLLR | LRRL | Right Hand Lead |

-Use a met for consistant spacing and transitions.

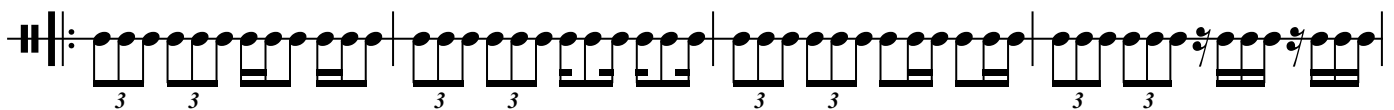
-Play through each sticking for the entire line before going to the next one, repeat until complete.

-Start slow, bump up five clicks at a time once perfect

Triple Double



Triple Double Threes



(repeat once before back to beginning)

