

# Independence pt. 2: Lead Hand

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Repeat Each Measure Until Comfortable | Start Slow, Use a Metronome

## Eighth Lead

The first staff shows a repeating pattern of eighth-note pairs: X-X, X-X, followed by a vertical stroke, then X-X, X-X, followed by a vertical stroke. The second staff continues this pattern. The third staff introduces a sixteenth-note grace note before each eighth note.

## Eighth Combined

The first staff features a sixteenth-note grace note before each eighth note. The second staff features a sixteenth-note grace note before each eighth note, followed by a vertical stroke.

## Sixteenth Lead

A continuous sixteenth-note pattern consisting of two measures of sixteenth-note pairs (X-X) followed by a vertical stroke, repeated twice.

## Three Note

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Two Note

Two Note independence exercise for the lead hand. The pattern consists of two-note pairs (e.g., X and O) played on different drums across four measures. Measures 1 and 3 feature a repeating pattern of X and O on the hi-hat, while the bass drum provides a steady pulse. Measures 2 and 4 show a more complex interplay between the hi-hat, snare, and bass drum.

One Note independence exercise for the lead hand. The pattern consists of single notes (e.g., X or O) played on different drums across four measures. Measures 1 and 3 focus on the hi-hat (X) and bass drum (O). Measures 2 and 4 introduce the snare drum (X) into the mix, creating a rhythmic foundation for the hi-hat.

One Note

Combined Sixteenth independence exercise for the lead hand. The pattern consists of sixteenth-note patterns (e.g., X-X-X-X, O-O-O-O) played on different drums across four measures. Measures 1 and 3 feature a repeating sixteenth-note pattern on the hi-hat, while the bass drum provides a steady pulse. Measures 2 and 4 show a more complex interplay between the hi-hat, snare, and bass drum.

Combined Sixteenth

Triplet Lead independence exercise for the lead hand. The pattern consists of triplet groups (e.g., X-X-X, O-O-O) played on different drums across four measures. Measures 1 and 3 feature a repeating triplet pattern on the hi-hat, while the bass drum provides a steady pulse. Measures 2 and 4 show a more complex interplay between the hi-hat, snare, and bass drum.

Triplet Combined independence exercise for the lead hand. The pattern consists of combined triplet and sixteenth-note patterns (e.g., X-X-X, O-O-O, X-X-X-X-X-X) played on different drums across four measures. Measures 1 and 3 feature a repeating triplet pattern on the hi-hat, while the bass drum provides a steady pulse. Measures 2 and 4 show a more complex interplay between the hi-hat, snare, and bass drum.

Triplet Lead

Triplet Combined independence exercise for the lead hand. The pattern consists of combined triplet and sixteenth-note patterns (e.g., X-X-X, O-O-O, X-X-X-X-X-X) played on different drums across four measures. Measures 1 and 3 feature a repeating triplet pattern on the hi-hat, while the bass drum provides a steady pulse. Measures 2 and 4 show a more complex interplay between the hi-hat, snare, and bass drum.

Triplet Combined independence exercise for the lead hand. The pattern consists of combined triplet and sixteenth-note patterns (e.g., X-X-X, O-O-O, X-X-X-X-X-X) played on different drums across four measures. Measures 1 and 3 feature a repeating triplet pattern on the hi-hat, while the bass drum provides a steady pulse. Measures 2 and 4 show a more complex interplay between the hi-hat, snare, and bass drum.

Triplet Combined

Triplet Combined independence exercise for the lead hand. The pattern consists of combined triplet and sixteenth-note patterns (e.g., X-X-X, O-O-O, X-X-X-X-X-X) played on different drums across four measures. Measures 1 and 3 feature a repeating triplet pattern on the hi-hat, while the bass drum provides a steady pulse. Measures 2 and 4 show a more complex interplay between the hi-hat, snare, and bass drum.

Everything

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