

3 Note 16th Fluidity Exercise

3 NOTE STICKINGS

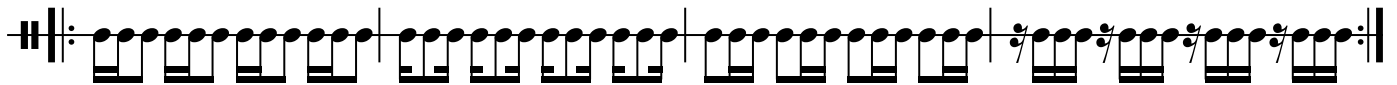
RIGHT HAND	LEFT HAND	ALTERNATING
RRR RRR	LLL LLL	RRR LLL
RRL RRL	LLR LLR	RRL LLR
RLR RLR	LRL LRL	RLR LRL
RLL RLL	LRR LRR	RLL LRR

-All check patterns are RLRL or RRL, except triplets which should be played with the defined stickings.

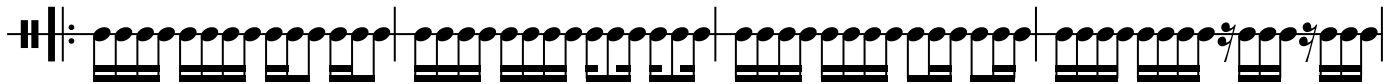
-Play through each sticking for the entire line before going to the next one. 12 stickings total.

-Use a met to maintain consistent spacing between notes. Especially Triple Double

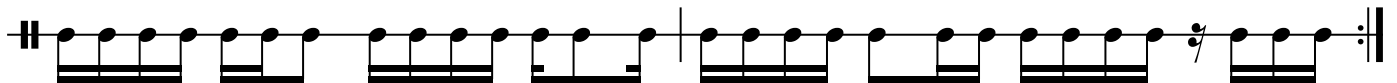
16th 3s



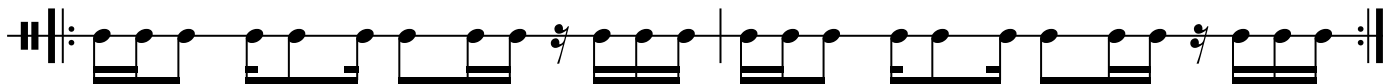
Check Pattern 16th 3s



Check Pattern 1 Beat 16th 3s



1 Beat 16th 3s



5. Triple Double 1 Beat 3s

